



**REGISTRATION FORM - SOLO**  
**La Relance – November 15, 2025**

**Deadline –October 31, 2025**

<b>Singles dances</b>						
<b>A – Juvenile (6 -) B- Juvenile (11 -) C - Junior (12-15) D- Youth (16-18) E - Adult (19 +) F- Senior (35+)</b>						
<b>Dances</b>	<b>Age</b>	<b>Beginner</b>	<b>Pre-Bronze</b>	<b>Bronze</b>	<b>Silver</b>	<b>Gold</b>
W						
T						
F						
Q						
VW						
S						
C						
R						
P						
J						

Note: Please indicate the age group

<b>Challenge 3 dances</b>				
	<b>Newcomer to Bronze</b>		<b>Silver and Gold</b>	
	W, T, Q	C, R, S	W, T, Q	C, R, S
9 and -				
15 and -				
16 and +				
35 and +				

	<b>Pre-champ</b>		<b>Championship</b>	
	<b>Standard</b>	<b>Latin</b>	<b>Standard</b>	<b>Latin</b>
	W, T, F, Q	S, C, R, J	W, T, VW, F, Q	S, C, R, P, J
<b>Junior (12-15)</b>				
<b>Youth (16-18)</b>				
<b>Adulte 19 +</b>				

Participation in TEAM MATCH (free): yes \_\_\_\_\_ no \_\_\_\_\_

I, the undersigned, release the organizers, the promoters, the governing bodies as well as all other organizations affiliated with this competition from any and all claims for loss or damage to persons or property in connection with this competition and I agree to abide by all the rules and regulations governing this competition, including anti-doping rules. I authorize DSQ to use photos / videos of me on their website, leaflets or promotional materials.

I, the undersigned, hereby warrant and represent to DanseSport Quebec that I am the legal parent or legal guardian of the person less than 18 years of age on whose behalf I grant these releases.

Regional association #: name & #	Gentleman		Lady	
First name	Last name			
City	Province			
Phone	Teacher			
Email	Signature			

**The registration form must be accompanied by the Order Form and payment to validate all registrations.**